



The **Summary of Benefits and Coverage (SBC)** document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. Note: Information about the cost of the [plan](#) (called the [contribution](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <https://members.bcidaho.com/my-account/my-account-my-contract.page>. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [cost sharing](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the [Glossary](#). You can view the [Glossary](#) at www.healthcare.gov/sbc-glossary or call 1-800-627-1188 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall Deductible ?	In-Network \$1,500 person/family is a max of 3. Out-of-Network \$1,500 person/family is a max of 3.	Generally, you must pay all of the costs from Provider s up to the Deductible amount before this Plan begins to pay. If you have other family members on the Plan , each family member must meet their own individual Deductible until the total amount of Deductible expenses paid by all family members meets the overall family Deductible .
Are there services covered before you meet your Deductible ?	Yes. Rx drugs, Copay , non-covered and ambulance services or In-Network home health, hospice and Preventive Care are covered before you meet your Deductible .	This Plan covers some items and services even if you haven't yet met the Deductible amount. But a Copayment or Cost Sharing may apply. For example, this Plan covers certain Preventive Services without Cost Sharing and before you meet your Deductible . See a list of covered Preventive Services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other Deductibles for specific services?	No. There are no other specific Deductibles .	You don't have to meet Deductibles for specific services.
What is the Out-of-pocket Limit for this Plan ?	For In-Network Provider \$5,300 person / \$10,600 family For Out-of-Network Provider \$5,300 person / \$10,600 family	The Out-of-pocket Limit is the most you could pay in a year for covered services. If you have other family members in this Plan , they have to meet their own Out-of-pocket Limits until the overall family Out-of-pocket Limit has been met.
What is not included in the Out-of-pocket Limit ?	Contributions, Balance-Billing charges and health care this Plan doesn't cover.	Even though you pay these expenses, they don't count toward the Out-of-pocket Limit .
Will you pay less if you use a Network Provider ?	Yes. See www.bcidaho.com or call 1-855-854-1412 or 208-985-1968 for a list of Network Providers .	This Plan uses a Provider Network . You will pay less if you use a Provider in the Plan's Network . You will pay the most if you use an Out-of-Network Provider , and you might receive a bill from a Provider for the difference between the Provider 's charge and what your Plan pays (Balance Billing). Be aware your Network Provider might use an Out-of-Network Provider for some services (such as lab work). Check with your Provider before you get services.
Do you need a Referral to see a Specialist ?	No.	You can see the Specialist you choose without a Referral .



All copayments and cost sharing costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <u>Provider</u> 's office or clinic	Primary care visit to treat an injury or illness	5% <u>Cost Sharing</u> after <u>Deductible</u> for BCO*; 25% <u>Cost Sharing</u> after <u>Deductible</u>	45% <u>Cost Sharing</u> after <u>Deductible</u>	Additional telehealth services may be provided by your <u>Provider</u> . *BCO is limited to the Blue Choice Option Contracting <u>Providers</u> .
	<u>Specialist</u> visit	5% <u>Cost Sharing</u> after <u>Deductible</u> for BCO*; 25% <u>Cost Sharing</u> after <u>Deductible</u>	45% <u>Cost Sharing</u> after <u>Deductible</u>	*BCO is limited to the Blue Choice Option Contracting <u>Providers</u> .
	<u>Preventive care/Screening</u> /immunization	No charge for listed preventive, <u>Screening</u> and immunization services. <u>Deductible</u> does not apply.	Not covered	You may have to pay for services that aren't preventive. Ask your <u>Provider</u> if the services needed are preventive. Then check what your <u>Plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	5% <u>Cost Sharing</u> after <u>Deductible</u> for BCO*; 25% <u>Cost Sharing</u> after <u>Deductible</u>	45% <u>Cost Sharing</u> after <u>Deductible</u>	*BCO is limited to the Blue Choice Option Contracting <u>Providers</u> .
	Imaging (CT/PET scans, MRIs)	5% <u>Cost Sharing</u> after <u>Deductible</u> for BCO*; 25% <u>Cost Sharing</u> after <u>Deductible</u>	45% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preadmission</u> required. *BCO is limited to the Blue Choice Option Contracting <u>Providers</u> .
If you need drugs to treat your illness or condition	Generic drugs	20% <u>Cost Sharing</u>	Not covered	\$4 min/\$20 max per prescription up to a 30 day supply. \$8 min/\$40 max per prescription 31-60 day supply. \$12 min/\$60 max per prescription 61-90 day supply. Max amounts do not apply to <u>Out-of-Network Providers</u> .
	Preferred brand drugs	30% <u>Cost Sharing</u>	Not covered	\$40 min/\$100 max per prescription up to a 30 day supply. \$80 min/\$200 max per prescription 31-60 day supply. \$100 min/\$250 max per prescription 61-90 day supply. Max amounts do not apply to <u>Out-of-Network Providers</u> .
More information about <u>prescription drug coverage</u> is available at www.medimpact.com or 1-888-402-1984	Non-preferred brand drugs	50% <u>Cost Sharing</u>	Not covered	\$70 min/\$160 max per prescription up to a 30 day supply. \$140 min/\$320 max per prescription 31-60 day supply. \$175 min/\$380 max per prescription 61-90 day supply. Max amounts do not apply to <u>Out-of-Network Providers</u> .
	<u>Specialty Drugs</u>	50% <u>Cost Sharing</u>	Not covered	Coverage may include limitations and <u>Preadmission</u> may be required.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .
	Physician/surgeon fees	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .
If you need immediate medical attention	Emergency Room Care	\$200 Copay /visit, 5% Cost Sharing after Deductible for BCO*; \$200 Copay /visit, 25% Cost Sharing after Deductible	\$200 Copay /visit, 25% Cost Sharing after In-Network Deductible	In-Network Cost Sharing applies to both In-Network and Out-of-Network services. Copay waived if admitted. *BCO is limited to the Blue Choice Option Contracting Providers .
	Emergency Medical Transportation	\$100 Copay /occurrence, 5% Cost Sharing for BCO*; \$100 Copay /occurrence, 25% Cost Sharing . Deductible does not apply.	\$100 Copay /occurrence, 25% Cost Sharing . Deductible does not apply.	In-Network Cost Sharing applies for air ambulance services. *BCO is limited to the Blue Choice Option Contracting Providers .
	Urgent Care	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	25% Cost Sharing after In-Network Deductible	*BCO is limited to the Blue Choice Option Contracting Providers .
If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 Copay /admission, 5% Cost Sharing after Deductible for BCO*; \$100 Copay /admission, 25% Cost Sharing after Deductible	\$200 Copay /admission, 45% Cost Sharing after Deductible	Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .
	Physician/surgeon fee	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have mental health, behavioral health, or substance abuse services	Outpatient services	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Additional telehealth services may be provided by your Provider . Contact ComPsych at 1-877-294-3271 for EAP 1-5 visits. *BCO is limited to the Blue Choice Option Contracting Providers .
	Inpatient services	\$100 Copay /admission, 5% Cost Sharing after Deductible for BCO*; \$100 Copay /admission, 25% Cost Sharing after Deductible	\$200 Copay /admission, 45% Cost Sharing after Deductible	Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .
If you are pregnant	Office Visits	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	For pregnancy services, Cost Sharing does not apply to certain Preventive Services . Depending on the type of services, a Copay , Cost Sharing or Deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). *BCO is limited to the Blue Choice Option Contracting Providers .
	Childbirth/delivery professional services	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	*BCO is limited to the Blue Choice Option Contracting Providers .
	Childbirth/delivery facility services	\$100 Copay /admission, 5% Cost Sharing after Deductible for BCO*; \$100 Copay /admission, 25% Cost Sharing after Deductible	\$200 Copay /admission, 45% Cost Sharing after Deductible	Preauthorization required if inpatient stay exceeds 48 hours for normal delivery and 96 hours after cesarean delivery. *BCO is limited to the Blue Choice Option Contracting Providers .

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home Health Care	No charge. Deductible does not apply.	45% Cost Sharing after Deductible	Coverage is limited to 90 visits annual max. *BCO is limited to the Blue Choice Option Contracting Providers .
	ReHabilitation Services	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Coverage is limited to 45 visit annual max for physical, speech and occupational services. Cardiac services are limited to 45 visit annual max. *BCO is limited to the Blue Choice Option Contracting Providers .
	Habilitation Services	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Coverage is limited to 45 visit annual max for physical, speech and occupational services. *BCO is limited to the Blue Choice Option Contracting Providers .
	Skilled Nursing Care	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Coverage is limited to 120 day annual max. Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .
	Durable Medical Equipment	5% Cost Sharing after Deductible for BCO*; 25% Cost Sharing after Deductible	45% Cost Sharing after Deductible	Preauthorization required. *BCO is limited to the Blue Choice Option Contracting Providers .
	Hospice Services	No charge. Deductible does not apply.	45% Cost Sharing after Deductible	Includes Bereavement Counseling.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	-----none-----
	Children's glasses	Not covered	Not covered	-----none-----
	Children's dental check-up	Not covered	Not covered	-----none-----

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of other excluded services)

- Abortion, except in the cases of rape, incest or when the life of the mother is endangered.
- Cosmetic surgery
- Dental care (Adult)
- Dental check-up (Child)
- Eye exam (Child)
- Glasses (Child)
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery through Transcarent
- Chiropractic care
- Hearing aids
- Infertility treatment
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage:

** Group health coverage -

There are agencies that can help if you want to continue coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-4444-EBSA(3272) or www.dol.gov/ebsa/healthreform or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.ccio.cms.gov. Other coverage options may be available to you too, including buying individual insurance through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-855-944-3246.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your [plan](#) for a denial of [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

For any initial questions concerning a claim, or to appeal a claim or benefit decision, please contact Customer Service at 1-208-331-7347 Or 1-800-627-1188, www.bcidaho.com or at P.O. Box 7408, Boise, ID 83707.

If your [plan](#) is subject to ERISA, you may contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA or www.dol.gov/ebsa/healthreform.

Does this [plan](#) provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this [plan](#) meet the Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About These Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [cost sharing](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a baby (9 months of in-network pre-natal care and a hospital delivery)	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	Mia's Simple Fracture (in-network emergency room visit and follow up care)
■ The plan's overall deductible \$1,500	■ The plan's overall deductible : \$1,500	■ The plan's overall deductible : \$1,500
■ Specialist cost sharing : 25%	■ Specialist cost sharing : 25%	■ Specialist cost sharing : 25%
■ Hospital (facility) cost sharing : 25%	■ Hospital (facility) cost sharing : 25%	■ Hospital (facility) cost sharing : 25%
■ Other cost sharing : 25%	■ Other cost sharing : 25%	■ Other cost sharing : 25%
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)	This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)	This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)
Total Example Cost \$12,690	Total Example Cost \$5,830	Total Example Cost \$2,800
In this example, Peg would pay:	In this example, Joe would pay:	In this example, Mia would pay:
Cost Sharing	Cost Sharing	Cost Sharing
Deductibles \$1,500	Deductibles \$1,500	Deductibles \$1,500
Copayments \$100	Copayments \$0	Copayments \$300
cost sharing \$2,200	cost sharing \$1,270	cost sharing \$200
What isn't Covered	What isn't Covered	What isn't Covered
Limits or Exclusions \$60	Limits or Exclusions \$20	Limits or Exclusions \$0
The total Peg would pay is \$3,860	The total Joe would pay is \$2,790	The total Mia would pay is \$2,000

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.