



A Periodic Newsletter for Albertsons Associates Eligible for Company Benefits

Transcarent Surgery Care: A Great Benefit Gets Even Better

With Transcarent Surgery Care, associates and family members enrolled in the Blue Cross of Idaho EPO, PPO and HSA medical plans can save money while receiving top-quality care with low complication, infection and readmission rates for certain non-emergency surgeries.

New: Colonoscopies and endoscopies

The Transcarent program expands to include preventive and diagnostic colonoscopies and endoscopies (see box to the right for the current list of locations). This benefit includes:

- **Shorter wait times**: Transcarent members receive priority access at top-rated facilities to receive colonoscopies and endoscopies within 30 days. (Non-Transcarent procedures may take 3-6 months to schedule depending on the location.)
- Concierge support: Your Transcarent Care Coordinator is ready to schedule your appointment, answer questions, help with paperwork, coordinate billing and make your experience as easy as possible.
- Lower Cost: When you choose Transcarent for your colonoscopy or endoscopy, the cost of your preventive or diagnostic procedure is fully covered, and you pay \$0 if you are enrolled under the EPO or PPO plans. If you are enrolled in the HSA plan, you pay \$0 after meeting your deductible.

Transcarent Surgery Care



Website: www.transcarent.com/members



Telephone: 888-387-3912 Mon-Fri, 6 am - 8 pm MT



transcarent

Colonscopies and endoscopies through Transcarent Surgery Care are currently available in these locations:

California

Glendale, Long Beach, Los Angeles, Santa Monica, Temecula

Illinois

Chicago, Naperville

Michigan

Grand Rapids, Kentwood

Minnesota

Bloomington, Chaska, Minneapolis, St. Paul

Missouri

Des Peres, St. Loius

New Jersev

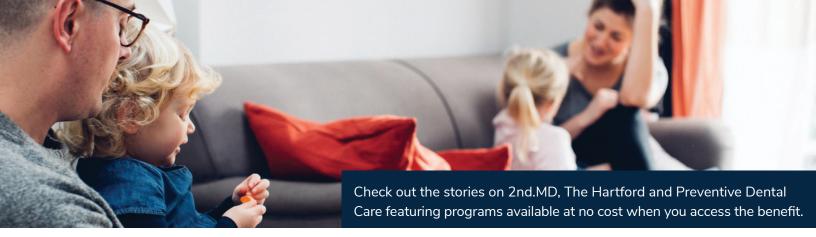
Freehold

North Carolina

Raleigh

Texas

Houston, Kerrville



Expert Medical Advice and Second Opinions from 2nd.MD

With 2nd.MD, you and your covered family members can access expert medical advice and seek second opinions from some of the nation's leading medical

providers for your health concerns.* When faced with a medical decision, 2nd.MD is here to



assist you at no cost, to obtain the correct diagnosis and the most suitable treatment.

Expert Medical Opinion

Get connected with a leading specialist to get information about your diagnosis, treatment plan and next steps in care. Consult via video or phone at a time that works best for you, including evenings and weekends.

Personalized Local Support

Get help finding a provider from the top 25% of specialists in your medical condition in your area, including help verifying insurance acceptance and new patient availability, transferring medical records and scheduling appointments.

2nd.MD

Activate your account and request a consult.



Website: www.2nd.md/albertsons



Telephone: 866-841-2575 Mon-Fri, 6 am - 6 pm MT

Value-Added Resources from The Hartford

For peace of mind, associates eligible for Company plans receive basic life and accidental death and dismemberment (AD&D) insurance at no cost through The Hartford. Your coverage includes free access to several life-essential resources for you and your loved ones.

Beneficiary Assist Counseling Services through ComPsych provides you, your eligible beneficiaries and immediate family members with unlimited 24/7 phone access for help related to the death of yourself or a loved one. This valuable service offers face-to-face, telephonic and virtual emotional counseling sessions, expert assistance on financial concerns from certified public accountants and financial planners, as well as

With EstateGuidance® Will Services, you can create a simple, legally binding will online, saving you the time and expense of private legal consultation. Other advantages include online assistance from licensed attorneys, unlimited revisions at no charge and additional estate planning service for purchase. Visit www.estateguidance.com and use code WILLHLF.

licensed attorneys. Call ComPsych at 800-411-7239.

Travel Assistance & ID Theft Protection Services

offer pre-trip information, emergency medical assistance and personal assistance while traveling. In addition, identity theft assistance can provide prevention and detection services, resolution guidance and review.

For more information on Travel Assistance or ID Theft Protection Services, call **800-243-6108**.

^{*} For cancer diagnoses or concerns, please contact AccessHope at 844-710-1692 or visit https://members.myaccesshope.org/albertsons/.

Protect Your Smile with Regular Preventive Dental Care

Maintaining good oral health requires regular preventive dental check-ups and cleanings. These routine visits lower your risk of developing tooth decay, gum disease, and more serious dental problems and help prevent the need for expensive dental procedures. While this sounds like common sense, prioritizing our oral health is not always easy.

Consider this: Preventive dental services include oral exams, teeth cleanings and routine x-rays. When you use a Delta Dental PPO network dentist, services are covered at 100% with no deductible and do not count toward your annual maximum benefit.

Delta Dental

Visit the Deltal Dental website to find a network dentist in your area or call Delta Dental at the telephone number below.



Website: www.deltadentalid.com



Telephone: 800-356-7586Mon-Thurs 7 am - 5:30 pm MT
Fri 7 am - 4 pm MT

Summaries of Benefits & Coverage Available on myACI Benefits Self-Service

A Summary of Benefits & Coverage (SBC) explains things like what a health insurance plan covers and what your share of costs may be. An SBC can help you compare plan benefits with other SBCs for the medical plans in which you are eligible to enroll

- Sign in at <u>myACI.albertsons.com</u> by entering your Employee Number or LDAP and password (there's a link if you need help).
- 2. On the Me page, click the Benefits Resources tile.
- 3. Scroll down to the **Summaries of Benefits & Coverage** section and click on the tile to view the SPCs available based on your Benefits Code.





Your Benefits Are Live in myACI!

Check out the new features in myACI and confirm your benefits enrollment information in the system by completing these three tasks:

- ✓ View your current benefit elections.
- Check your covered dependents and life insurance beneficiaries on file.
- Navigate to **myACI > Me > Benefits Resources** to explore all of the ways you can learn about your benefits.

Sign in at <u>myACI.albertsons.com</u> or scan this QR Code.

Need help? Explore Quick Reference Guides and FAQs. Click on **Knowledge** in the top NAV bar, then click on **My Knowledge tile**.



Tell Us What You Think for a Chance to Win a \$100 Gift Card!

We want your input on this Benefits Newsletter. Scan the QR

code to the right to complete a short online survey. All associates who complete the survey by September 15 will be entered into a drawing for one of three \$100 gift cards from the Banner of their choice.



Why This Is Important

Tell us if this newsletter is useful to you. We want you and your family to get the most out of your benefits. When you understand what the benefits are and how they work, you are more likely to take advantage of all they have to offer. Your feedback will help us determine the best format to deliver the newsletter and the type of information you want to see in upcoming newsletters.



This newsletter is part of the Benefit Program Materials for the 2023 Plan Year. The terms of the Benefit Program Material are incorporated by reference as part of the Plan to the extent set forth in the Plan document. The terms of the Benefit Program Materials do not control to the extent those terms conflict with the terms of any applicable Summary Plan Description, Summary of Material Modifications, Evidence of Coverage or the Plan document. This newsletter is not intended to extend any right to benefits except as provided under the Plan.

Learn how to take advantage of benefits that are no-cost when you utilize them, new features on myACI, and a chance to win a \$100 gift card from the Banner of your choice.

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