# Your Medical Leave Journey



## For corporate and division office salaried associates

Need to take some time off due to an illness, medical condition or procedure? Use this step-by-step guide to learn about what to do before, during, and after your medical leave.



# **Before:** Requesting Leave



### **Request your leave**

Notify your manager of your leave as soon as possible—at least 30 days prior for scheduled absences. Then, request a leave by:

- Submitting a request via myACI > My HR > Leave of Absence, or
- Calling the Associate Experience Center at 888-255-2269, option 6

Update your address in myACI to ensure you receive all paperwork. You are responsible for updating your manager on your leave.



### **Review paperwork**

The Centralized Leave Team will mail a packet to your home within 5 days of your leave request with any forms you must return, as well as contact information for the CLT Administrator assigned to your leave. Review your paperwork carefully to make sure you understand the documentation requirements. Some paperwork may require your doctor's signature.





#### Submit documentation

Submit a Certification of Health Care Provider (CHCP) form along with other requested forms via mvACI > Mv HR > Leave of Absence or fax to **623-336-6305** within three weeks of receiving your LOA packet. Then, look for a communication stating if your leave is approved. Opt in to email for the quickest approval. If your leave is not approved, contact your manager as soon as possible to discuss options.



### **Apply for Short-Term Disability**

Call The Hartford at 855-532-7881 to initiate your claim.

The Hartford may request additional documentation. The Hartford will review your claim and approve your claim for a specific duration based on your condition or procedure.

**Note**: In some circumstances, you may need to apply for an additional state disability benefit. See the **Medical** Leave Journey: Addendum for States with a State Benefit for details.



## **During: While You're Out**

Note: Notify your Leave Administrator if your leave begins on a different day than expected!



#### **Get paid**

Through STD and Flexible Time Off (FTO), most associates are eligible for 100% of pay for up to 10 weeks of leave (assuming 3 weeks of FTO) and 60% of pay for up to 16 more weeks. Pay comes from The Hartford and may come on a different day than usual. **Submit** paperwork on time to avoid delays.



## **Keep your same benefits**

Your benefits generally continue for some portion of your leave. During the unpaid portion of your leave, you will be billed for benefits directly, not via paycheck deductions. Access your benefits direct billing information by going to myACI > My HR > My Benefits.



# 3 After: Returning from Leave



### **Confirm return date**

As your leave draws to an end, contact your CLT Administrator to confirm your return date. This ensures your pay is processed accurately and you have the systems access you need when you return. If for some reason your leave must be extended, contact your CLT Administrator to request an extension.



#### Restrictions

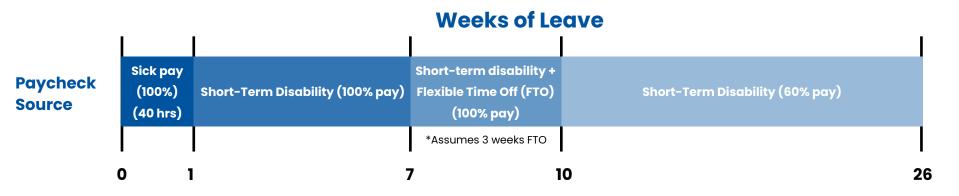
If you have medical restrictions when you return, work with your CLT Administrator and/or HR to explore options for reasonable accommodation.

## **Getting Paid**

While you're on leave, your paycheck could come from a few different sources. The chart below shows how you would get paid over time over the maximum number of weeks you can be on STD, assuming that you use 3 weeks of Flexible Time Off (FTO) to top up STD for 3 additional weeks at 100% pay.

With a combination of sick pay, STD and FTO, you will receive 100% of your pay for up to 10 weeks (assuming 3 weeks of FTO used to top up weeks 8 -10 of STD). If your STD claim is approved for more than 10 weeks, up to 16 additional weeks will be paid at 60% of your pay, for a maximum of 26 paid weeks total. Pay for weeks 8-10 could also be at 60% of your pay depending on if you choose not to use your FTO to top up your STD pay.

Note: Albertsons delivers your paycheck the week after for hours worked the week before, so when you return to work, you will not receive a paycheck your first week back.



## **Paying for Benefits**

The way you pay for your Albertsons Companies benefits might vary while you're on leave. While you're on short-term disability or PTO, your benefit premiums may be deducted. During unpaid leave, benefit premiums will not be deducted and you will instead be billed directly. If you are on unpaid leave and direct billing has not started after a few weeks, contact the Associate Experience Center (AEC) at 888-255-2269, option 2. You can access your benefits direct billing information by going to myACI > My HR > My Benefits.

# Leave and Short-Term Disability Contact Information

**Leaves of Absence** 

Associate Experience Center (AEC)

888-255-2269, option 6

Or, contact your Leave Administrator directly once your case is opened.

**Short-Term Disability** 

The Hartford

855-532-7881



www.abilityadvantage.thehartford.com